
Eating Disorder Therapist Job Description

Peaceful Living Mental Health Counseling, PLLC is a trauma informed psychotherapy practice located in Scarsdale, NY. We specialize in EMDR Therapy and other integrative psychotherapies to help survivors of trauma stop the past from affecting their present and future.

We are seeking a licensed mental health counselor with a specialization in eating disorders, to join our practice on a fee-for-service basis. Ability to work with children, adolescents and adults is required.

EMDR Trained Highly Preferred. Experience with complex trauma/ dissociation/ ego state work preferred

Substance abuse/Addiction experience is a plus

MUST be a Licensed Mental Health Counseling in New York State (LMHC).

LCSWs, PsyDs, PhDs, etc. are **NOT** eligible for the position.

Candidates should be enthusiastic, self-starters and motivated to build their own schedule.

Experience with mindfulness and trauma informed counseling highly **required**.

Candidates must be available afternoons, evenings, and Saturdays or Sundays, and be willing to see a minimum of 20 clients per week. Weekend availability is **mandatory**.

Office space, client EHR (electronic health record), and advertising will be provided. Referrals are given but candidates are also responsible for building their own referral sources.

Job Type: Fee for service. Compensation is on a percentage basis and based on experience.

Core Responsibilities:

- Adheres to all of Peaceful Living's policies, set forth in the employee handbook and consent documents that all clients receive and sign prior to starting treatment
- Complete assessments of client's mental health needs and provide telehealth or in-person psychotherapy to individual clients and groups
- Collaborate with dietitians and other professionals for comprehensive client care
- Document sessions and contacts in EHR and practice management system
- Utilization of mindfulness and trauma informed approaches in counseling sessions
- Attends weekly team meetings every Wednesday at 1pm
- Contribute Blog post to our website on current trends
- Clinical Supervision 1 hour per month minimum requirement

Experience:

- Psychotherapy: 2 years
- LMHC New York State License
- EMDR Trained (preferred but willing to accept someone who commits to completing EMDR Training within 6 months of employment)

Education:

- Master's (Required)

Language:

- English (Preferred), Bilingual a plus

Work authorization:

- United States (Required)

Shifts:

- Evening (Required)
- Mid-Day (Preferred)
- 1 Weekend Day Required

Benefits:

- 401(k) matching up to 3%
- Ability to opt-in to group insurance plan (will be paying for own benefits at our group rate)
- Clinical supervision
- \$200 Training stipend per calendar year
- Flexible work schedule

To Apply:

Please email michele@peacefullivingmhc.com

1. About YOU letter
2. Resume
3. Your responses to the following questions

Application Questions:

- How many years of Psychotherapy experience do you have?
- What is the highest level of education you have completed?
- Do you have the following license or certification: New York LMHC?
- Which days and times of the week are you available to work?
- How is your previous experience relevant to this role?
- What's the youngest age range you are comfortable working with?
- Are you EMDR Basic Trained? If not, are you willing to invest in EMDR training?
- Would you describe yourself as a trauma informed clinician?
- What training and experiences have you had related to eating disorders?
- Are you looking for a team oriented environment and willing to grow with Peaceful Living?
- Are you willing and able to work hybrid in our Scarsdale office or telehealth in the comfort of your home?
- Is there anything else that doesn't stand out on your resume that qualifies you for this position and makes you an awesome addition to our team?